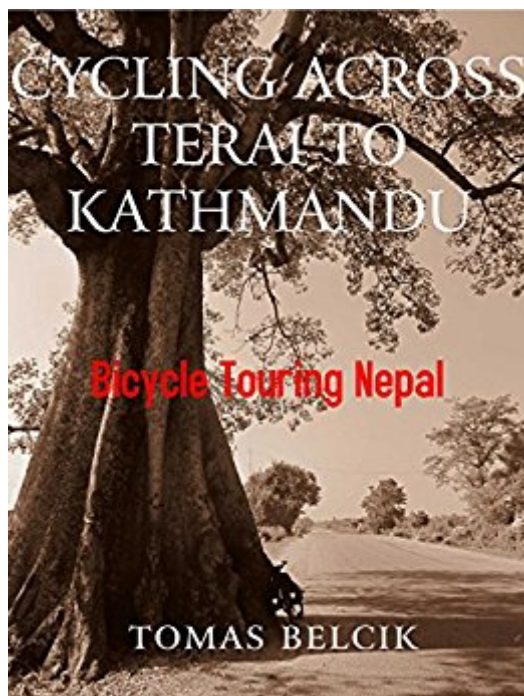


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# Cycling Across Terai To Kathmandu: Bicycle Touring Nepal



## Synopsis

This is a straightforward guide to cycling across Terai from West Bengal to Kathmandu. It describes the journey starting from Siliguri, the gateway to northeast India, Darjeeling and Sikkim. It covers cycling across the Terai plains of Nepal and climbing over the front range of the Himalayas to Kathmandu Valley. It outlines the stages involved in the crossing of this seldom visited region of Nepal and how to structure your itinerary to accomplish the trip. It addresses a few relevant issues and sorts the journey into easily digestible parts. Above all you will receive the actual GPS track of each stage, which you can then upload to your GPS device. The GPS track is your guide taking you by the hand and pointing the way. It is not a comprehensive guidebook detailing attractions, accommodations and places where to eat. It does not tell you how to repair a flat tire, not to mention how to adjust your brake or a derailleur. If you have ever toyed with the idea of visiting Kathmandu and extend your trip to West Bengal, or vice versa, this is your chance to find out how to connect the dots using your own pedal power.

## Book Information

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